



# Symptom monitoring With Feedback Trial (SWIFT)

## Newsletter

## December 2023

### About SWIFT

SWIFT aims to see if people who are managed with hemodialysis for kidney failure can benefit from more regular monitoring of their symptoms (like tiredness, itching, pain) and if feedback of these symptoms to their nurses and kidney doctors improves patients' overall quality of life. This trial is run by the University of Sydney in collaboration with ANZDATA.



**Priya Suresh Kumar**  
New SWIFT Trial coordinator  
(Lavern's Mat leave cover)

#### Get in contact:

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### Trial Update

## SWIFT has recruited over 1400 participants!

**SWIFT would like to thank our current and past participating units, participants, and staff!**

- Princess Alexandra Hospital, Mackay Base Hospital, Bundaberg Hospital, Sunshine Coast University Hospital (Caloundra Public Hospital, Gympie Hospital, Nambour General Hospital), Cairns Hospital Satellites (Innisfail and Smithfield) and Queen Elizabeth have now completed the 12-month trial.
- We have continued to on-board new units in NSW, QLD VIC and SA including - Ipswich, NHSM, EHRs and Townsville.

#### What's next:

Start-up of SWIFT in the WA and NT

#### Did you know?

The median number of troublesome symptoms experienced by people with advanced CKD is 5, with 75% of people having at least 3 symptoms and 1 in 4 experiencing 8 or more. (Moore C, et al. Symptom clusters in chronic kidney disease and their association with people's ability to perform usual activities. PLoS One 2022;17(3): e0264312.)

### Meet our onsite support



**Alexandra Picorelli**  
Research Assistant-QLD  
Alexandra joined SWIFT in April 2022 and has been assisting the data collection. She has 15 years of research experience and publications in high impact journals. Her major interest is clinical research, aiming to provide the best services and care for the clients. She has a Physiotherapist bachelor's degree and a master's in health and Rehabilitation Science.



**Dana Alhuzaimi**  
Research Assistant-VIC  
Dana has extensive experience in both wet-lab research and clinical trials. She is the on-site support person in Victoria. Her role is ensuring the smooth-running of the SWIFT trial activities at participating study sites. Dana has an interest in data collection and analysis and is studying Data Analytics at Monash College.



**Julian Chung**  
Research Assistant-NSW  
Julian is completing a Master of Public Health at the University of Technology Sydney and has a bachelor's in arts and science from Sydney University. Before joining CTC, Julian worked in pathology. Julians' interests include data science, data visualization and science communication.

