



Symptom monitoring With Feedback Trial (SWIFT)

2020 UPDATE

About SWIFT

SWIFT aims to see if people who are managed with haemodialysis for kidney failure can benefit from more regular monitoring of their symptoms (like tiredness, itching, pain) and if feeding back these symptoms to their nurses and kidney doctors would improve patients overall wellness. SWIFT is due to begin in haemodialysis units in January 2021. This trial is run by the University of Sydney in collaboration with ANZDATA.

The SWIFT pilot study was run from from September 2019 to March 2020 and included 4 haemodialysis units, 3 in SA and 1 in QLD. 226 individual patients participated in the Pilot. Patients filled out questionnaires about their symptoms and overall quality of life (QOL). The SWIFT team also conducted interviews with patients, haemodialysis nurses and kidney doctors. We found that patients, nurses and kidney doctors felt that the collection of patient reported outcome measures (PROMs) is important and valuable and may improve patients' QOL. The groups also felt that collecting PROMs using electronic tablets was easy to do.

Consumer Involvement

- Co-Design of Main Trial with consumer-Bill Handke (named SWIFT investigator)
- SWIFT has been designed in response to consumer priorities. Symptoms are 3 of the top 10 patient-reported research priorities (SONG-HD).
- Dialysis patients and their family members have helped us select the most meaningful and feasible QOL instruments. Consensus for the use of EQ-5D-5L.
- A PROMs consumer panel, will advise the trial management committee, with respect to patient acceptability of ePROMs data collection and feedback.
- Co-design of posters and pamphlets to feedback of Pilot results to participants


What's next:

January 2021: Main trial starting in January in NSW, with other states to follow soon thereafter.

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THE UNIVERSITY OF SYDNEY

Meet the Research Team



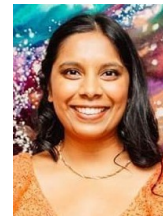
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Home Therapies Conference 2020

The below photo was taken at the Home Therapies Conference held in February this year. As part of this conference, a Symposium was held which was co-designed by SWIFT Chief investigator Rachael Morton and SWIFT consumer Rep Bill Handke. This Symposium aimed to investigate PROMs in dialysis care and further reinforces SWIFT's commitment to ensure consumers are not only involved but also play an active part in shaping their care.



Pictured above: Nicki Scholes-Robertson, Rachael Morton, Bill Handke, Jennie Handke, Guy Higgins